SERT AIRMA

Davis-Monthan Air Force Base, Ariz.

Friday, Jan. 18, 2002

It's a bird. It's a plane. It's... Super Guppy?



Open sesame! NASA's Super Guppy aircraft landed at D-M Jan. 15 to pick up a Navy UH-3H Sea King utility helicopter and miscellaneous parts from the Aircraft Maintenance and Regeneration Center. The Super Guppy's unique hydraulic hinged nose opens up to allow full frontal cargo loading into the largest aircraft cargo bay of its type in the world, way bigger than an Air Force C-5 Galaxy, the Air Force's largest strategic airlift aircraft. (See Page 14)

Health for Life Program offers incentives, assistance

By 1st Lt. Chrissy Cuttita *355th Wing Public Affairs*

The 355th Wing commander's 12-week "Health for Life" fitness incentive program begins Feb. 14 to improve the overall health, fitness and well-being of all D-M members.

"Eight out of ten people make a New Year's resolution to lose weight, eat right and stick to a better exercise program, and we are offering them help to do that," said Maj. Nancy Klein, 355th Medical Group Health Promotions Flight commander.

Incentives from the commander, Health and Wellness Center and Services Staff will be offered to all active duty, civilians employees, family members and retirees for exercises that target improving health.

This safe and comprehensive program pro- gram-approved aerobic condiotes healthier lifestyles by encouraging tioning, a minimum of 30 minutes at people to increase aerobic activity.

have reported that they get insufficient ex- credit will only be given for participation in ercise, less than three times a

The Surgeon General lists being overweight and obesity as a national epidemic and at least 44 percent of D-M members are considered overweight by the Surgeon General's standards.

Those who participate in the program will be a part of a nation-wide effort towards a healthier community and more vital military force.

Participants log their proleast three times per week. Strength train-The National Institute of Health reported ing sessions may be accomplished in conjuncinactivity as damaging to a person's health tion with the cardiovascular sessions or on as smoking half a pack of cigarettes per day. a separate day. However, since the program

About 52 percent of D-M's active duty people is primarily focused on aerobic fitness, strength training once per week.

> Services marketing themes for the program are "The best gift you can give a loved one this Valentine's Day is the gift

of longevity" and "Help health Valentine's Day"

D-M employees interested in participating should contact their squadron's Unit Fitness Program Manager. The UFPM is responsible for educating squadron members about the program, tracking their involvement and reporting

information to the HAWC and 355th

SVS. Family members submit their logs to the

See Health, Page 4

Speak Today to Shape Tomorrow – Air Force Chief of Staff Survey begins Jan. 22



Col. Paul Schafer 355th Wing Commander

Supporting each other and working together to provide the best programs and services is a goal for all D-M people.

Ideas, suggestions, comments, concerns and kudos are important to make improvements.

The best way to pass along a comment or to get an answer to a concern is to contact the agency chief or functional managers listed here. Still no solution? The Commander's Corner phone line is 228-4747.

An e-mail can also be sent to: 355thWing.CommandersCorner@ dm.af.mil.

Callers must leave their name, phone number and a message. They will receive a prompt reply in writing or by telephone. We will honor caller confidentiality, but sometimes we need to contact callers to gather additional information. If a concern is of general interest to the base

populace, the response may be published in the Desert Airman. Anonymous calls may not be published.

Agency numbers

AAFES Agencies	228-3904			
Accounting and Finance				
	228-4964			
Chaplain	228-5411			
Civil Engineering	228-3401			
Clinic	228-2930			
Commissary	228-3116			
Family Support	228-5690			
Fitness Center	228-3714			
Housing Office	228-3687			
Inspector General	228-3558			
Legal				
Lodging	228-4845			
Military and Civiliar	1			
Equal Opportunity	Office			

228-5509 Military Personnel.....228-5689 Public Affairs..... Security Forces......228-6178 Services......228-5596 Transportation......228-3584

Sidewalk-less

Safety Concern: There are no sidewalks on Phoenix Street. I walk to and from work every day along with other airmen and there is not enough room to walk in the street. The vehicles that pass by don't move over for us, which is very dangerous. I would like to see sidewalks on Phoenix Street.

Response: Due to limited funding for transportation improvements, we are focusing on systematically improving the overall base transportation network on a project-to-project basis. Obviously, this is a long-term plan with the focus being a continual improvement of the base transportation network.

Currently, Phoenix Street is not identified for road repair work within the next five years, as a result, a Base Civil Engineer Request, Air Force Form 332, for the installation of sidewalks along Phoenix Street will be submitted. This request will then compete with all the other transportation improvement requests for prioritization and funding.

We ask you to continue to use caution as you walk to and from work everyday and to be patient with us as we try to improve this situation.

No soup for you!

Concern: I am calling concerning the Desert Inn dining facility. I sent an airman who works swing shift with me to the dining facility. He arrived ten minutes before the posted closing time, but was met with locked doors ... a civilian on the inside informed him that they were closed. He also informed me that on Thanksgiving, the Desert Inn was closed before closing time so he didn't get dinner that day either.

Response: We are very sorry someone gave your airman the wrong information and he was not able to eat at the dining facility.

On Monday, Nov. 26th, the dining facility was open from 3:30 to 6:30 p.m. Before your airman reached the front door, it appears someone not affiliated with the Dining Hall erroneously told him the dining hall was closed.

The hours of operation for the dining facility are permanently posted at the main entrance. On special holidays, such as Thanksgiving and Christmas Day, hours of operation are changed to allow for the special holiday meals.

We advertise these special hours of operation in the services' newsletter, in the Desert Airman and we post them at the Desert Inn on the marquee inside the main entrance of the facility. However, in the future, we will also inform our patrons of any changes through the first sergeants and base bulletin.

Should you have any questions regarding the dining facility's policies or procedures, please feel free to contact the shift leader or Tech. Sgt. Rosendo Velazquez at 228-5501, or the Services Squadron commander at 228-5596.

Davis-Monthan Unit Public Affairs Representatives

Unit Public Affairs Representatives are the "eyes and ears" of the 355th Wing Public Affairs office. Each squadron has unique individuals that have interesting stories to tell, whether it is about sports, awards, lifesaving acts, IDEA program contributions, etc.

Stories also include units making improvements to the methods or processes that they use or to squadron facilities or community areas via self help projects. UPARs are responsible for getting the information to PA in a usable format and in a timely manner.

The PA staff focuses on issues that effect the base populace in general and UPARs judge the input for newsworthiness or unique human interest appeal before forwarding it to the PA staff

Public Affairs utilizes UPARs to

better tell a squadron's story. UPAR responsibilities include:

- Provide news ideas as well as write and shoot photos of squadron activities for submission to the base newspaper;
- Review and solicit Hometown News Release submissions;
- ◆ Review squadron submissions to the base marquee and Commander's Access Channell (COX Communications Channel 75)
- ◆ Seek volunteers for tours and speaking engagements

D-M Unit Public Affairs Representatives

Airman 1st Class Christin Ouellet	228
Airman 1st Class Karen De La Torre	228
Airman 1st Class Robert Young	22
Capt. Lea Devine	
Senior Airman Samuel Storicks	

Airman Jacquelin Yockey	228-9599			
42nd Airborne Command and Control Squadron				
2nd Lt. Jim Moschetti				
43rd Electronic Combat Squad	ron			
2nd Lt. Donald Bugg	228-9926			
355th Operations Support Squa	<u>dron</u>			
Capt. Arvid Opry	228-5868			
355th Training Squadron				
Staff Sgt. Amanda Maxey	228-9456			
Staff Sgt. Sonya Mageau	228-5889			
354th Fighter Squadron				
1st Lt. Diane Burch	228-4268			
Staff Sgt. Joseph Rogers	228-4268			
357th Fighter Squadron				
Master Sgt. Steven Foster	228-2467			
358th Fighter Squadron				
Airman 1st Class Rene Pena	228-5070			
Airman 1st Class Sherry Plasencia	228-3370			
355th Civil Engineer Squadro	<u>n</u>			
1st Lt. Tyler Nielsen	228-2304			
355th Support Group				
2nd Lt. Rodney Rodgers	228-3446			
Staff Sgt. Willie Manalo	228-3445			
355th Wing Staff				
Master Sgt. Gregory Pleasant	228-4891			
355th Communications Squadron				
2nd Lt. John Leary	228-1773			

Master Sgt. Anna Johnson	228-4592
355th Mission Support Squ	
Senior Airman Lori Paris	
355th Services Squadro	
Senior Airman Lisa Elliot	
Airman 1st Class Cheryl Pinto	228-5501
355th Security Forces Squa	
Master Sgt. Walt Voltz	228-6353
Master. Sgt. Eric Wilke	
355th Equipment Maintenance	
Capt. Rae Anne Swanson	228-4184
Tech. Sgt. Darnetta Watkins	228-2279
355th Supply Squadro	<u>on</u>
Senior Airman Kimberly Lawrence	228-4350
Airman Vanessa Kyota	228-3440
355th Logistic Support Squ	ıadron
Airman 1st Class Tiffany Hart	
355th Transportation Squa	adron_
Staff Sgt. Mellony Howe	228-3584
Airman 1st Class Tyrona Davis	228-3584
355th Contracting Squad	dron
Staff Sgt. Bryan Deal	228-5431
355th Component Repair So	uadron
1st Lt. Sarah Maile	
355th Medical Group	1
Airman 1st Class Nick Clisby	228-2870
Staff Sqt. Jill Jones	

Staff Sgt. Carol Sligh	.228-1543
Tech. Sgt. Randall West	
Staff Sgt. Brenda McGown	
Staff Sgt. David Embrey	
Airman Basic Danny Watton	
355th Comptroller Squadron	
Senior Airman Denice Schacht	228-122
Senior Airman Annie McCraney	228-6647
Detachment 3	
Master Sgt. Otis Barnes	228-4508
12th Air Force	
Tech. Sgt. Rian Clawson	228-605
25th Operational Weather Squadr	
2nd Lt. Nengwi Shih	228-197
Staff Sgt. Lowell Coxie	228-659
Staff Sgt. Sean Shuman	228-197
AMARC	
Terry Vanden-Heuvel	.228-8448
607th Air Control Squadron	
(Luke Air Force Base, Ariz.)	
Senior Airman Shon SherearDSN	896-721
362nd Training Squadron	
Tech. Sgt. Andrew Jewell	228-613
305th Rescue Squadron	
Master Sqt. Minnie Jones	228-2160

The 355th Wing Public Affairs staff prepares all editorial content for the "Desert Airman." The editor will edit or re-write material for clarity, brevity or to conform with the Associated Press Style Guide, local policy and Air Force style as required by Air Force Instruction 35-101.

Contributions for the Desert Airman can be made directly to the 355th Wing Public Affairs Office, Building 2300, Suite 2054, or through e-mail to desert.airman@dm.af.mil. The editor can be reached directly at 228-3152.

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355th Wing Commander

Chief, Public Affairs	Lt. Col. Eric Schnaible
Deputy Chief	1st Lt. Chrissy Cuttita
Superintendent, Public Affairs	Master Sgt. Dan Carpenter
Public Affairs Officer	2nd Lt. Sharon Ehasz
Public Affairs Officer	2nd Lt. Becky Warren
NCOIC, Media Relations	Staff Sgt. Karin Wickwire
Community Relations Advisor	Janie McLaury

Editorial Staff Editor... ..Tech. Sgt. Brian Davidson Production Assistant..vacant

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Half of D-M Stop-Loss waivers approved

requests have been approved by major command commanders who have reviewed about 900 requests from airmen currently affected by the program.

An approved waiver allows an airman to leave the Air Force despite the Stop-Loss order which began Oct. 2.

Stop-Loss action keeps people from retiring or separating from the service during national

emergencies. The current Stop-Loss action specifically cites Operations Noble Eagle, Enduring Freedom and any associated operations.

About 50 Stop-Loss waivers have been submitted by D-M members since Oct. 2. Fourteen of those waivers have been processed by ACC with seven ap-

proved, while the rest are pending. Approval is based on career field and reasons for waiver re-

"We provide the basic format for Stop-Loss waivers, and those wishing to submit a waiver must provide compelling reasons the waiver should be approved," said Airman 1st Class Elsie Garza, 355th Mission Support Squadron Separations and Retirements counselor. "Once the request for waiver is complete, we submit it to ACC, and it takes about four to six weeks to receive an answer."

The waiver process was in the guidance that set the rules for program implementation.

"[Waivers] allow for MAJCOM commanders at 228-4145. (Courtesy of AFPC News Service)

More than 80 percent of Stop-Loss waiver to judge, on a case-by-case basis, whether someone has compelling enough personal reasons to leave the service that outweigh the Air Force's need for [that airman] to stay," said Lt. Col. Richard Binger, chief of retirements here at the Air Force Personnel Center, Randolph Air Force Base, Texas.

> As of Jan. 3, MAJCOM commanders approved waivers for 82 percent of enlisted people and 81 percent of officers requesting them. About

> > 11,500 people with original retirement or separation dates of Oct. 2 to April 30 are affected by Stop-Loss — 2,182 officers and 9,334 enlisted.

> > "What's interesting is that less than a thousand of those affected have asked for waivers," Binger said. "It seems that people are accepting that

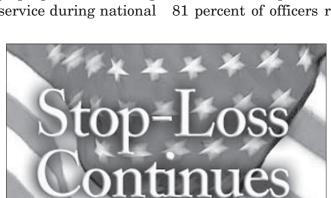
their country needs them right now."

"We're happy that the waiver authority exists for those people who face things in their personal lives that really make it hard for them to stay," Binger said.

The Air Force expects a review of Stop-Loss will be completed and announced by the end of January. The first review, after 30 days, led the Air Force to continue Stop-Loss.

"The goal with Stop-Loss is to not keep anyone from leaving the service whose skills and abilities are not specifically needed to accomplish the mission," Binger said.

For more information on Stop-Loss, call Garza



News Notes

AAFES holiday hours

In observance of Monday's Martin Luther King Jr. holiday, the Army and Air Force Exchange Service facilities hours are:

Main Store	10 a.m. to 6 p.m.
Home and Garden	10a.m. to 6 p.m.
Clothing Sales	Closed
Class Six	Closed
Car Care Center	Closed
Shoppette	8 a.m. to 10 p.m.
Burger King	9 a.m. to 5 p.m.
Snack Bar	Closed
Barber Shop	9 a.m. to 5 p.m.
Concessions	10 a.m. to 5 p.m.
Theater	Closed

Commissary holiday hours

The Commissary is closed Monday in observance of the Martin Luther King Jr. holiday. The Mini Commissary is open from noon to 8 p.m.

National Prayer Breakfast

The Chapel invites all D-M members to attend the National Prayer Breakfast, Jan. 31 at 7 a.m. at the Desert Star Enlisted Club. The guest speaker is Chaplain (Col.) Cecil Richardson, ACC Command Chaplain, who will speak on the power of prayer. Tickets are \$5 from the Chapel or any first sergeant.

DRMO closure

The Tucson Defense Reutilization and Marketing Office is closed Wednesday and Thursday. The office is open Tuesday and Jan., and resumes property receipt Jan. 28. For more information, call Ken Bettis at 940-3797.

MDG closure

All 355th Medical Group services are closed the second and fourth Wednesday of each month at 3 p.m. for training.

To talk with a Primary Care Manager during this time, call 513-0355.

Tops in Blue applications

Tops in Blue applications for entertainers, technical crew and support staff are due Tuesday. For more information, call Staff Sgt. Hector Sauseda at 228-3717.

Retiree Appreciation Day

There is a Military Retiree Orientation and Appreciation Day Feb. 5 from 9 a.m. to 4 p.m. at the Desert Oasis Enlisted Club.

Topics include TRICARE for Life, legal issues, the senior pharmacy and dental

See Notes, Page 5

Valentine's Day Stories

The Desert Airman seeks humorous, unusual and romantic stories and photos from D-M members to commemorate Valentines Day.

Stories or photos may depict an odd, funny or unusual first meeting, proposal, wedding or any other event in a rela-

tionship. Stories will be reviewed and a winning entry selected by the Desert Airman editor and a panel of judges from the 355th Services Squadron.

The person submitting the winning entry receives a dinner for two at the Enlisted or Officers Club and a complimentary movie for two with a large popcorn and soda (with two straws) at the base theater. All submissions and the winning entry will be published in the Feb. 15 Desert Airman.

Stories must be 200 words or less and can be made directly to the 355th Wing Public Affairs Office, Building 2300, Suite 2054, or through e-mail to desert.airman@dm.af.mil. The editor can be reached directly at 228-3152.

airmen were saved from the consequences of driving under the influence since Dec. 31 by the Airmen Against Drunk **Driving Program**.

Call AADD at 850-2233

10 p.m. to 5 a.m. Fridays and Saturdays and 4 p.m. to midnight Sundays for a ride.

Desert Airman Jan. 18, 2002

Web-based Unit Climate Assessment made easier

Survey to measure unit morale and individual treatment

By 2nd Lt. Sharon Fitzgerald Ehasz 355th Wing Public Affairs

A part of Team D-M has once again worked to find a way to make the lives of its members better and more efficient.

The Military Equal Opportunity Office is preparing to administer the Unit Climate Assessment to gain feedback on the morale and leadership of D-M's units and identify problems including discrimination and harassment. Originally, it was given in a paper format, which created problems in giving the survey to those deployed.

To combat the drawback of the paper survey, MEO recently employed a new web-based UCA program designed to cut down on time and cost and to provide commanders at all levels with a more efficient tool to routinely check the pulse of the force, said Staff Sgt. Gregory Jarvis, MEO advisor.

The anonymous survey is now computer-based and only relies on Internet access, which enable users to take the survey when their schedule allows. Using a secure server, the user is given a one-time password, so that once the survey is started, it must be based survey is expected to cut administration time by 60 percent.

The survey gives prompts to the user to allow clarification on questions. It also allows commanders up to ten locally-generated and targeted questions. In addition, with each section of questions, space is given for comments – an improvement on the last survey, which gave only one small box for comments. The survey gives commanders direct comments from the computer system in a consolidated format, so that no comments

The results of the new survey can be broken down by Air Force

finished. Giving the computer- Specialty Code, rank, gender, race and unit type. This allows more information to be taken from the feedback given by users.

> Another benefit with the computer-based survey is that the survey users are not limited to military members, but now include civilians and non-appropriated-fund employees. This allows more feedback with the hope for more thorough work climate improvement.

> UCAs can be given upon request of the commander after six months of change of command or every two

> If you have any questions or need additional information regarding the UCA, contact the MEO staff at 228-5509.

Family housing road closures ...



Military Family Housing. Improvements to pavement and drainage in the Palo Verde Housing area is in progress. Affected areas include: Mustang Dr. from Sunset Ct. to Tracker Dr.; Lightning Dr.; Saratoga Ave.; Saratoga Cir. and Sunset Ct. from Saratoga Ave. to Mustang Dr. Access to Palo Verde Housing will be maintained. Road maintenance in the Kachina Village Housing

Ralph Montano, A&S Paving, works on roadways in

area will require the following one-day road closures. Cass Ave., Mardon Dr., Ironwood St., Charter Dr. and Davenport are closed from 8 a.m. Monday until 8 a.m. Tuesday.

Lincon St., Alexander St., Hyder Dr., Skyline, National Blvd. west of Phantom Dr. and all the cul-de-sacs North of National Blvd. ar closed from 8 a.m. Wednesday until 8 a.m. Thursday. All vehicles must be removed from these streets before the closures. For more information, call Jim Johnson at 228-5138 or 1st Lt. Mike Robirds, 355th Civil Engineer Squadron, at 228-3522.

Health

Continued from page 1

HAWC. Retired members turn their logs in at the fitness center.

Participant complete the program by accumulating a specified number of hours in 12 weeks. Those hours are; 24 hours for the bronze category with awards of a letter of appreciation from the unit commander and a fanny pack, 36 hours for the silver category and an award of a letter of appreciation from the group commander and a t-shirt; and 48 for the gold category awards with an award of a letter of appreciation from the wing commander and the choice of a crystal mug, exercise mat or duffle bag.

Squadrons can compete for awards in two categories; most participants and highest overall improvement in annual Cycle Ergometry testing scores.

By earning awards, participants meet the challenge of making fitness-related activities part of their lifestyle.

Health experts said participants should start at their own pace and plan for a 10% improvement each week. For example, a person should not run five miles the first week if they know they can only run one mile comfortably. Participants should not strain themselves or put themselves in physical pain. The program emphasizes regular exercise rather than outstanding performance. Most of all, participants should pick an activity they enjoy.

"Our staff at the Haeffner Fitness Center is here to help the DM community maintain or improve their physical conditioning," said Lt. Col.Michael Archuleta, 355th Services Squadron commander. "We offer numerous aerobics, weight training, and athletic programs, all of which will be expanded in July when the new fitness center opens."

For maximizing point benefits participants can log "Health for Life" activity jointly with the Fitness Center's 18-month Cardio Club Incentive program. Participants track mileage on a Cardio Club card maintained at the center in hopes to receive a prize for their total score. Prizes include water bottles, t-shirts, jackets and duffle bags.

For more information about fitness programs like "Health For Life", the HAWC website address is: https://intranet/hawk/home.htm and the phone number is 228-5003.

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Notes

Continued from Page 3

program and pay issues.

For reservations, call the Retiree Activities Office at 228-5100.

April air show planned

The Davis-Monthan Aerospace and Arizona Days Airshow is April 27 and 28. All D-M units are participating and members should plan ahead and schedule leave appropriately. For more information, log on to www.dm.af.mil/aa. This website will be updated as events develop.

ACC Heritage Flight

The ACC Heritage Flight featuring vintage aircraft and ACC Tactical Demonstration Team aircraft flying together at D-M is March 1-3 and is open to military members and their families only. For more information, call Capt. Robert Kiebler at 228-4905.

Munitions accounts

The D-M Munitions Flight has a quarterly inventory of accounts during the month of February. All accounts are frozen and support is limited during inventory. For more information, call 228-8911.

Air Force officials give 'thumbs-up' to new civilian personnel data system

By Tech. Sgt. Jim Dougherty
Air Force Print News

When the Air Force makes the changeover to the modern Defense Civilian Personnel Data System Feb. 15, it will not be a leap into the unknown. A series of tests, mock database conversions and a lot of hard work has officials giving a "thumbs-up" to the planned deployment of the new system.

"We've spent a great deal of time and resources testing this system," said Shirley Williams, a member of the Senior Executive Service and the director of the Air Force's Palace Compass Program management office at the Pentagon. "We've conducted many tests both in the laboratory and in the field and feel confident that the deployment will go well."

It is difficult, if not impossible, to plan for the unknown, Williams said.

"We know the unexpected will occur," she said. "So in anticipation, we have a structure in place, and staff at the Pentagon, Air Force Personnel Center and major commands trained and ready to tackle any unforeseen problems."

The move to the modern civilian personnel system is a Department of Defense-wide initiative and is necessary to reduce cost and eliminate redundancy. Many of the computers and other hardware the current system uses are also becoming obsolete.

The modern system will eventually compensate for the projected losses planned in the personnel workforce because of the DOD-mandated personnel regionalization, she said.

The new system should be online the beginning of March, Officials said. Major benefits for Air Force civilian employees result from two Air Force-unique applications — the Civilian Announcement Notification System and the Employee Benefits Information System. These applications were developed to complement the modern civilian personnel system.

Employees can register their job and geographic preferences in the announcement notification system and is notified via e-mail when a vacancy exists that matches their preferences. The Civilian Personnel Office will offer briefings to all permanent employees on this capability within the next several weeks.

The benefits system, which is already in place, allows employees to review and update benefits via the Internet or by phone.

In the future, officials expect the modern civilian personnel system to provide employees with quicker answers to inquiries, potentially allow direct access to personal information, and the ability to update personal data.

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Jan. 18, 2002 Desert Airman

12th Air Force commander focuses on Quality of Life issues



1st Lt. Emily Dierhka, Joint Task Force Bravo Force Protection officer, displays the glasses now available to Air Force people as part of the frame-of-choice program, recently expanded to include remote forward operating locations such as Soto Cano, Honduras.

12th Air Force commander, visits his remote Forward Operating Locations as he did in December, he looks for ways to make a difference for the people serving there. What he found in Soto Cano, Honduras, during a visit was an easy way to improve the quality of life for deployed people and literally improve their outlook.

While he spoke to a group of Air Force personnel assembled for commander's call, the general asked for issues he could help with, and 1st Lt. Emily Dierhka eagerly shared her story. The lieutenant, deployed as a Force Protection Officer for Joint Task Force-Bravo, found her computer screen getting harder to read. Soto Cano medical element personnel referred her to an eye clinic in downtown Tegucigalpa, Honduras for an exam.

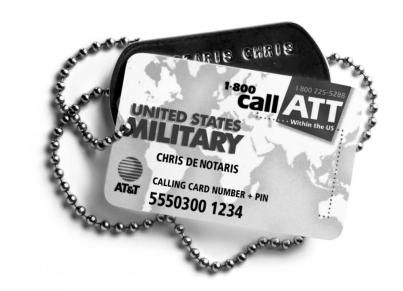
When she returned to order her glasses, she found the frame of choice program, a quality of life initiative begun Department of Defense-wide nearly two years earlier, was not available at the remote location. Rather than wear the old-

When Lt. Gen. Tom Hobbins, style frames, the lieutenant decided to order glasses downtown at her own expense. She relayed her story to Hobbins in hopes that he might be able to improve the situation, especially for those who cannot afford glasses on the economy.

> "A few days later, I received a phone call telling me that the 355th Medical Support Squadron would establish a frame of choice program for people assigned to Soto Cano," Dierhka said. "I'm really impressed with the manner in which this was handled. It far exceeded my expectations."

> Within days, Lt. Col. Denise Burton, 355th MDSS commander, provided a set of sample frames and training manuals to the Soto Cano medical element and helped establish procedures to complete measurements and fax orders to D-M.

"Our people are making a difference in the lives of so many less fortunate," Hobbins said. "Caring for them in the form of major force protection improvements or in individual quality-of-life factors like eyeglasses are what we enjoy most." (Courtesy of Twelfth Air Force Public Affairs)



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Choices

The power to choose, the strength to face the consequences

By Lt. Col. Walker Bowman 355th Operations Support Squadron commander



We make thousands of decisions and choices every day. Most are insignificant and probably occur at the subconscious level like "Coke or Pepsi".

A few require soul searching and discussion; like getting married or joining the military.

Most, however, require just a little thought - "another beer?" – and are probably the types that will get us into the most trouble.

We like to think that we are in control of our lives, and for the most part we are.

The fact that we can make our own decisions is what separates us from animals and communists. We are free to choose Coke or Pepsi or to commit a crime if we so choose.

The freedom to choose, of course, does not come without responsibility or consequence. Society and an innate sense of what is morally and socially proper generally keeps the population in line and defines and continuously redefines norms.

For example, consider how the standards for the drinking age and blood alcohol limits have changed over just the last ten years. Notice a trend yet?

As a commander, I've seen on too many occasions the results of poor choice. When I ask, "Did you know what you were doing was wrong?" the answer, predictably, is almost always "Yes". So what is it that makes us do the wrong thing when we know it's wrong?

High on the list are peer pressure, laziness, and poor preparation.

Peer pressure

Let's look at peer pressure, often joined at the hip with alcohol consumption.

No matter how stupid or dangerous something is, it's more fun when you do it with someone else. There's nothing like a friend to help push you over the line from smart to dead. Add a couple of beers, and inhibitions go south in a hurry.

Laziness

"Work smarter, not harder" is a tired, yet accurate cliché, but is no excuse for lazy or illegal practices. People lose fingers, hands, and lives because they thought they could cut a corner.

It's also faster to rob a bank than earn an honest buck, but your future might include a lonely cellmate named Bubba. The easy way isn't always the right way.

Preparation

Preparation means taking the time to get ready, whether mentally or physically, to accomplish some task. Preparing makes you think about the job at hand and to gather the materials you need to finish. The great thing about the military is that we've been there and done that, and the results end up in regulations, policies, and experience - the majority of the decisions have already been made for you.

Choices

Our choices are governed by five things:

- ◆ our ability to comprehend the problem
- ◆ our experience with this sort of problem
- ♦ the ability to see different solutions to the problem
 - ◆ the consequences to each solution
- ♦ the wisdom/experience to take the right path

For example: "Fire" - "Fire Hot" - "Touch Fire? / Don't Touch Fire?" - "Hot Hurts" - "Don't Touch Fire".

So what's the bottom line? Nobody makes you drink and drive or knowingly violate regulations. If the hair on the back of your neck goes up, it's nature's way of telling you something's wrong. Pay attention, think about the consequences, and make the right choice!

Final Answer



Capt. Kristin Kalina
355th Medical Group
"Family, especially
my husband, and
great mentors because
of their support, advice
and guidance."



Tom Wallace
MSgt. (ret.)
"My older brother,
he was career Army. I
joined because of him.
Thought it would be 4
years, but ended at 23."



Gatchalian
355th Comptroller
Squadron
"Definately any
supervisor who
makes good rank, I
look up to them."



2Lt. Lisa Directo
355th Comptroller
Squadron
"My husband; tremendous work ethic
and awesome fatherhood. He supports me
in all my crazy
endevours."



Who has influenced you most in your career?

Amn. Amanda Furr
355th Operations
Support Squadron
"My mom, she always supported me
and encouraged my
own decisions"



TSgt. Tony Hodge
355th Operations
Support Squadron
"My wife demonstrated that the impossible is possible by going TSgt to OTS."

Jan. 18, 2002 Desert Airman

By Gen. Lester L. LylesAir Force Materiel Command commander



I would never try to recollect the story of Dr. Martin Luther King Jr.'s life or his accomplishments — most Americans are familiar with this already, or certainly will have the opportunity to learn more about this great man from the many historical articles and TV specials presented during our national holiday honoring him.

Instead, I want to briefly reflect on Dr. King's most famous speech — "I have a dream" — which he gave nearly 40 years ago on August 28, 1963.

I was 17 years old on that hot,

Martin Luther King Jr. remembered, General reflects on timeless lessons

sultry day and about to enter college in my hometown of Washington, D.C.

I can honestly say I was not a young man with a great social conscience at the time. Yes, I was concerned about the plight of minorities, but I was not fully involved in the equality movement.

The march for equality in Washington that day was at first nothing more than an exciting happening — lots of people, movie and TV stars, and political dignitaries.

I remember walking down the broad expanse of Constitution Avenue from the U.S. Capitol to the park grounds and reflecting pool by the Lincoln Memorial listening to people singing "We shall overcome" — watching people marching arm-in-arm like old friends.

What initially stirred my emotions and started me thinking that this was not just a happening, but something truly significant, was when I noticed that this magnificent crowd of 300,000 did not contain just African-Americans, but people of all races and ages, people from all walks of life marching and singing for a cause. This was true integration and equality.

When Dr. King came to the steps of the Lincoln Memorial, a hush descended over the crowd and he began in his deep, melodious, rich tone. With the giant statue of Abraham Lincoln as a backdrop, it was almost as if the president who freed the slaves was pleased at what he was seeing and hearing; like a fatherly spirit proud of what his Emancipation Proclamation had set in motion some 100 years before.

We've come a long way as a society since that day in 1963, thanks to the unceasing contributions of heroes like Dr. King ... some known and many more unknown. It is the countless

unknown heroes we should strive to recognize and remember during Martin Luther King Jr. Day.

If you are inclined to doubt the success of these heroes, just ponder the current landscape in our nation's senior leadership: Secretary of State

Colin Powell, National Security Adviser Condoleeza Rice, Supreme Court Justice Clarence Thomas, Congressmen and women. The list of luminaries goes on across all walks of life, politics, religion and especially the military.

I hope the upcoming Martin Luther King Jr. Day will not just be "a day of rest." It should be a day of action — that each of you will participate in projects that promote the ideals of the Declaration of Independence and the Constitution. This national holiday will remind us that Dr. Martin Luther King Jr.'s legacy lives on. His dream has made a difference in our lives — both as a nation and personally.

You too can continue to make a positive difference for today and the future by just practicing the ideals of Dr. King.



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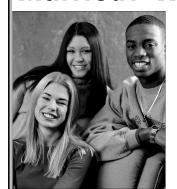
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Goals: Earn a Master's Degree in Social Work and

Hobbies/outside activities: Spending time with

my family, playing baseball and watching television

Best assignment: D-M, because this is where I

met my wife and where my daughter was born

Inspiration: My wife and daughter of course, but

also my Lord and Savior Jesus Christ, because with-

out him I would not have all of the blessings here on

Favorite thing about D-M: All of the great



Sonoran Spotlight

(Editor's note: Sonoran Spotlight is a weekly feature of the Desert Airman that profiles a member (officer, enlisted or civilian) of the Davis-Monthan Air Force Base Desert Lightning community. Members are nominated by their unit commander or first sergeant.)

Earth.

retire from the Air Force

friends I have met here

Name: Staff Sgt. Kyle Lundberg

Organization: 355th Medical Support Squadron

Duty title: Data Analysis Journeyman

Hometown: Yakima, Wash. Years of service: Eight

Reason for joining the Air Force: After high school, I

needed guidance and discipline

Main responsibilities: To create reports for Air Force leaders, including performance and efficiency metrics and healthcare provider productivity

OG/LG Medallion Ceremony

Groups Professional of the Year Medal-

lion Ceremony is Thursday at 4:30 p.m. at

For more information, call Senior Mas-

The 355th Operations and Logistics

Best aspects of job: My co-workers

the Desert Oasis Enlisted Club.

ter Sgt. Dennis Palmer at 228-5376.



Promotion board selects four MDG officers

Career Development Course 90s Club

The Air Force announced the selection of 600 Medical and Dental Corps officers for promotion to major, lieutenant colonel and colonel.

The announcement was made Jan. 9 and included the names of four Davis-Monthan officers from the 355th Medcal Group. 355th MDG officers selected for promotion to lieutenant colonel are:

Maj. Onie Bussy, 355th Medical Support Squadron and Leroy White, 355th Aerospace Medicine Squadron

355th MDG officers selected for promotion to major are:

Capt. Eric Lean, 355th Medical Operations Squadron and Capt. Gwen Wilcox, 355th Aerospace Medicine Squadron

Volunteer opportunities

The Can-Do Crew meets at the Desert Dove Chapel at 7 a.m. on Jan. 26, Feb. 23, March 23 and April 20.

For more information, call Tech. Sgt. Roberto Valencia at 228-5960.

Chief's Group Sharp Award

The Chief's Group Sharp Award goes to Airman 1st Class Kenneth Pryor, 25th Operational Weather Squadron.

Listed below are the D-M members who

achieved an outstanding score of 90 percent or higher on their Career Development Course examination:

12th Air Force

Senior Airman Daniel Reyes Senior Airman Justin McIntyre Airman 1st Class Tracy Nosekabel Airman 1st Class Jason Tye

43rd Electronic Combat Squadron Airman Russell Stender

355th Contracting Squadron Tech. Sgt. Frank Grahm

Senior Airman Shawn McGinns

355th Equipment Maintenance Squadron Staff Sgt. Stephen Corazzini

355th Component Repair Squadron

Airman 1st Class Casey Hust

Airman 1st Class Victor Flores

Airman 1st Class Michael Bennett

354th Fighter Squadron

Staff Sgt. Michael Wilke

Staff Sgt. Catina Hartwell-Kinnick

358th Fighter Squadron

Airman 1st Class James Hudson

(Editor's note: "Integrity, Service, Excellence" is a forum for all D-M units to submit the names of their people who have earned recognition through monthly and quarterly awards, graduation from formal training and outstanding Career Development Scores. Submissions must include name, rank, unit and type of award earned. "Integrity, Service, Excellence" is not a forum to announce retirements, decorations, obituaries and awards from civilian organizations. Individual and unit awards from command level and higher may be covered as a news story space permitting. Contributions can be made directly to the 355th Wing Public Affairs Office, Building 2300, Suite 2054, or through e-mail to desert.airman@dm.af.mil.

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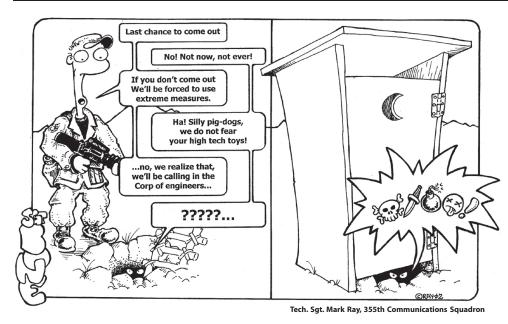
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Not so politically correct

A woman returned from shopping, and walked into the kitchen to find her husband stalking around with a flyswatter.

"What in heaven are you doing?" she asked.

"Hunting flies," he responded.

"Oh. Are you killing any?" the wife asked.

"Yep, 3 males and 2 females," the husband said.

Intrigued, the wife asked, "How can you tell?"

"Three were on a beer can and two were on the phone," he replied.

Ultra-high-security, super-secret Ops

Most people have heard of the Air Force's ultra-high-security, super-secret base in Nevada, known simply as "Area 51."

Late one afternoon at Area 51 recently, Air Force Security Forces members were very surprised to see a Cessna landing at their ultra-high security, super-secret base.

They immediately impounded the aircraft and hauled the pilot into an interrogation room.

The pilot's story was that he took off from Las Vegas, got lost, and spotted the ultra-highsecurity, super-secret base just as he was about to run out of fuel.

The Office of Special Investigations did a full background check on the pilot and held him overnight during the investigation.

By the next day, they were

finally convinced that the pilot really was lost and wasn't a spy.

Desert Airman

They gassed up his airplane, gave him a terrifying "you-didnot-see-our ultra-high-security, super-secret base" briefing, complete with threats of spending the rest of his life in prison, told him "Las Vegas was that-away" and sent him on his way.

The next day, to the total disbelief of the Security Forces, the same Cessna showed up at the ultra-high-security, supersecret base again.

They surrounded the aircraft, only to find that this time there two people in the plane.

The pilot jumped out and in desperation said, "Do anything you want to me, but my wife is in the plane and you have to tell her where I was last night!"

(Editor's note: "The Lighter Side" is a forum for D-M members to submit original, previously unpublished Department of Defense, Air Force, 355th Wing and D-M comics, cartoons, photographs and humorous military stories and quotes. Political satire and altered photographs will not be published. Stories must be 100 words or less. Contributions for "The Lighter Side" can be made directly to the 355th Wing Public Affairs Office, Building 2300, Suite 2054, or through e-mail to desert.airman@dm.af.mil. The editor can be reached directly at 228-3152.)

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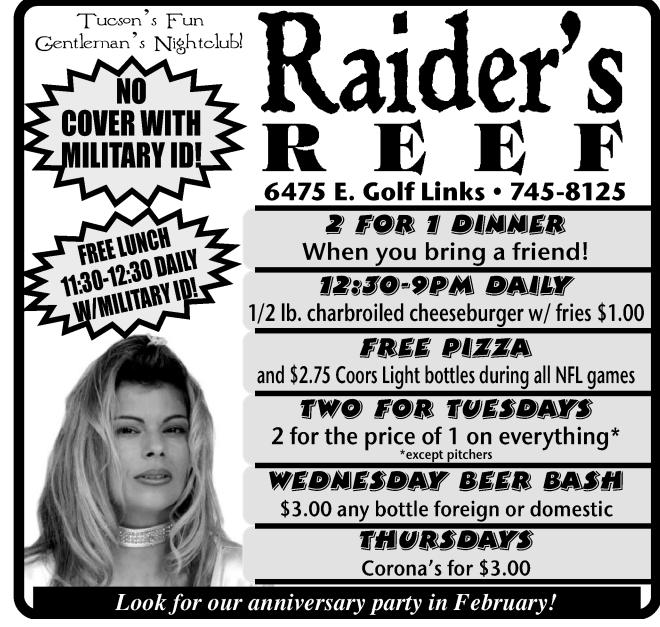
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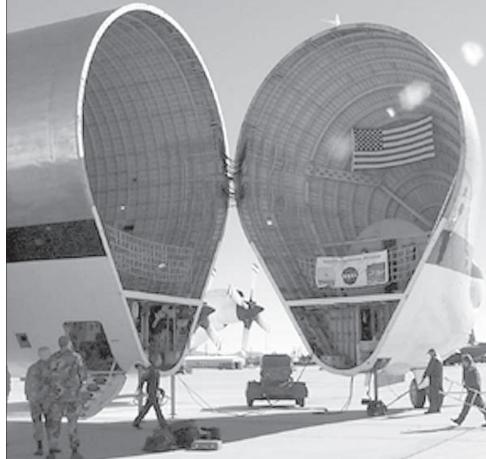


2nd Lt. Sharon Ehasz

Above, center and right:

NASA's Super Guppy landed at D-M Jan. 15, prompting calls from Tucson residents to local television news stations reporting the "the Air Force was covertly bring in UFOs." The Super Guppy's unique hydraulic hinged nose opens up to allow full frontal cargo loading into the largest aircraft cargo bay of its type in the world.





D-M's Area 51

Visiting aircraft prompts UFO reports

By 1st Lt Chrissy Cuttita 355th Wing Public Affairs

"It's a fish?"
"It's a plane?"

"It's......a UFO?!"

When the only existing Flying Guppy aircraft landed here to pick up a UH-3H Sea King Utility Helicopter and its associated parts, many inquiring minds with cameras wanted to know what was going on at D-M.

For the first time in 17 years, AMARC loaded a NASA Super Guppy January 15.

People were out on the flightline watching the visit of this Super Guppy, capable of carrying up to 48,000 pounds of cargo and more volume than an Air Force C-5A Galaxy.

According to AMARC Navy Inventory Control Point personnel, there was hot priority to ship the Sea King stored here to Navy Fleet Composite Squadron Eight (VC-8), a Guided Missile Service Squadron at Naval Air Station Roosevelt Roads, Puerto Rico, and NASA had the first available cargo flight.

Along with nine aircrew members, NASA also sent a loadmaster and structural engineer to AMARC to assist them with loading the cargo. For the NASA Super Guppy load team, it was the first time they ever loaded a helicopter.

"We've hauled everything from an F-14 Tomcat to a B-1B fuselage to a 747 fuselage because we have the largest cargo bay of all aircraft and will continue to do these missions as long as the means are available," said Stuart Williams, Engineer, Aircraft Engineering Section, Aircraft Operations Division NASA.

The Super Guppy has a unique hydraulically hinged nose that opens 110 degrees, permitting full frontal cargo loading. A control lock and disconnect system at the fuselage break allows the nose to be opened and closed without disrupting the flight or engine control rigging.

The Super Guppy requires use of a specially designed pallet, not-AF standard. 355th Operations Suport Squadron members and the NASA crew put special rollers on a

60,000 pound haul capacity K-loader to off load the Super Guppy's pallet.

The Sea King had to be loaded onto the NASA pallet by utilizing the crane, specially designed modules and various wooden shoring. After chaining the helicopter and parts to the pallet, it was loaded back into the Super Guppy.

NASA makes this special oversized cargo aircraft available to all military and other Federal Agencies for transportation services.

Lynne Avant, AMARC transportation specialist, said "NASA Engineers plan to come back to AMARC to make use of AMARC's expertise in heavy crating, packaging and shipment of aircraft and components throughout the world."

Upon arrival, the Sea King brought the Navy's VC-8 to full capability. This helicopter is utility configured for logistical support and search and rescue missions. At VC-8, it's a mobile platform for the Underwater Demolition Team (UDT) and SEAL Team Paradrops. The VC-8 helicopter crews are on 24 hours search and Rescue (SAR) and MEDEVAC alert as the primary military SAR unit on the island of Puerto Rico.

Local aviation enthusiasts can check out the Guppy displayed at Pima Air Museum that loaded an F-14 from AMARC in 1985 for more D-M history.



1st Lt. Chrissy Cuttita

Above and right:

The Aircraft Maintenance and Regeneration Center loads a Navy UH-3H Sea King utility helicopter and miscellaneous parts into the Super Guppy.



Sports Shorts

Football frenzy

Football Frenzy fans can enjoy snacks, prizes and beverage specials while watching the division and Super Bowl play action on NFL Sunday Ticket at both clubs.

Entry for a family trip to Walt Disney World continues this week. National sponsors include American Airlines, Miller Brewing Company, the Walt Disney Company and the Double Tree Alana Waikiki for the Pro Bowl.

Ladies golf clinics

Two ladies golf clinics will be conducted, one each Jan. 26 and Feb. 16 at the Blanchard Golf Course. Pre-registration is required; class size is limited to the first 10 registrants. Call the course at 228-3734 for more information.

Super Bowl activities planned

Both of D-M's clubs will host free Super Bowl activities Feb 3. The doors open at 11 a.m. Door prizes will be given and beverage specials for each quarter will be available.

The 355th Component Repair Squadron is sponsoring a Super Bowl party at the Community Center open to all other D-M members. Pre-game activities begin at 10 a.m. Contact Lydia Ortiz at 228-5357 or 228-4475 to purchase tickets.

Little League baseball, softball

Parents can register their players at the Youth Center 2 to 4 p.m. Jan. 26. For more information call the Youth Center at 228-8844.

Swim with the Sharks

Enlisted Club members can register for the Air Combat Command's 8-Ball Pool Tournament beginning Jan. 28. The winning base team will travel, expenses paid, to the ACC Championship tournament at Seymour-Johnson Air Force Base, N.C., March 20 to 22. Registration forms are available at the Desert Oasis Enlisted Club. Call the club for more information at 228-3100.

Squadrons bowl free

Squadrons can reserve a lane at the Bowling Center Wednesday afternoons and bowl for free. Shoe rental is \$1. The Bowling Center's only requirement

– See *Shorts*, Page 16



Archive photos

Teams compete for 'Best of the West' honors at Fitness Center this weekend

The Haeffner Fitness and Sports Center plays host to a four-day basketball tournament – Best of the West – beginning today.

The tournament, which continues through Monday, features 12 teams from among the Air Force, Army, Marine Corps and civilian communities.

Games begin at 5 p.m. today at the Fitness Center.

In first-round play of the double-elimination tournament, Davis-Monthan Air Force Base tips off against the Phoenix Gunners. At 7 p.m., the team from Vandenberg AFB, Calif., matches up against an Army team from Fort Huachuca. At 9 p.m., the team from Luke Air Force Base takes on the Tucson Swoosh. The Swoosh were last year's tournament champions. In the 11 p.m., Fort Irwin, Calif., takes on the Aerial Assault, a team from San Francisco. Aerial Assault was last year's tournament runner-up.

Saturday and Sunday play begins at 8 a.m., with the last game slated to begin at 10 p.m.

The championship game starts at 11:30 a.m. Monday.

Admission is free for spectators, and a snack bar will be available for bar-b-qued chicken and ribs, hamburgers and hot dogs.

Call the Fitness Center staff at 228-3714 for more information. (Compiled report)

(Above) In last year's Best of the West basketball tournament, action was fast and furious all weekend, as players ran up and down the court trying to secure bragging rights. (Below) Many players showed off their dunking prowess as they went high for the crowd-pleasing buckets in last year's tournament.



16

Scoreboard

Scoreboard							
Rack	cetball	(Wee	k 13)	EMS-AMMO	56-64	Four Seas	90-46
Dask	Retball	_		OWS #1	50-70	PCs	84-52
Intr	amural	<u>Team</u>	<u>W-L</u>			Great Golf Score	80-56
_		P.I.	68-36	High Game (Men): L		FUBAR	72-64
	n/Wed	Spare Change Donna's Dolls	65-39 61-43	High Game (Womer Matthews, 226	ı): Pameia	Mickey's Mavericks PBJs	71-65 69-67
	of Jan. 11)	MGM Lions	60-44	High Series (Men): L	lovd Lee 660	SKAR-Y	68-68
<u>Team</u>	<u>W-L</u>	The Trio	54-50	High Series (Womer		Pick One	66-70
354 FS	2-0	Three Bees	52-52	Matthews, 614	i). I difficia	Once Upon A Time	66-70
MDG	2-0	SOS	42-62			Strikeouts	64-72
SFS 12 AF	2-0 1-1			Intramural -	- American	Sparely Making It	64-72
357 FS	1-1	High Game: Alice Ra		(Wee		WSCA	54-82
41 ECS	1-1	High Series: Donata	Oliver, 492	(7700)		Mission Impossible	52-84
EMS/AGE	1-1			<u>Team</u>	W-L	Ice Breakers	48-44
42 ACCS	0-2	Phanton	n Mixed	MDG	87-33	High Game (Men): Le	os Classon
COMM	0-2	(Wee	k 13)	AMARC	76-44	258	is Classell,
162 ANG	0-2	_		42 ACCS	66-54	High Game (Women)	: Kris Dunbar.
Intr	amural	<u>Team</u>	<u>W-L</u>	25 OWS #2	66-54	206	
Tue	s/Thurs	Arnold's Amigos The Cajuns	73-31 64-40	MDG #2 EMS-MAINT	63-57 60-60	High Series (Men): Da	nny Atkins,
	of Jan. 11)	So So's	64-40	41 ECS	50-70	642	
Team	W-L	Rat Pack	59-45	SVS#3	50-70	High Series (Women)	: Sara
SVS	2-0	Lucky Strikes	58-46	515.15	30 70	Denzler, 529	
25 OWS	2-0	No Fear	56-48	High Game (Men): C	hristopher Ror, 234	_	
SUPS	2-0	Strike Force	52-52	High Game (Women	ı): Kristin Dunbar,	Bantan	กร
TRANS	1-1	Alley Oops	48-56	202		(Week 1	4)
CES	1-1	Aches and Pains	46-58	High Series (Men): Jo		_	
43 ECS EMS	1-1 1-1	The Dragons	42-62	High Series (Women	ı): Kristin Dunbar,	<u>Team</u>	<u>W-L</u>
MSS	0-2	Herman's Heroes	32-72	547		Brownies	56-48
CRS	0-2	Avengers	28-76			Strykers Tigerstrike	52-52 50-54
358 FS	0-2	TuesdayE	arly Disars	Pinro	llore	Lego Cops	50-54
	/er-30	Tuesday E	•			Lego cops	30 34
	n/Wed	(Wee	K 15)	(Weel	K 16)	High Game (Boys): An	nthony Salazar,
		Team	W-L	Team	W-L	81	
	of Jan. 11) <u>W-L</u>	Wee Bee Bad	74-46	Uh Huh Girls	96-32	High Game (Girls): Al	
<u>Team</u> 12 AF	2-0	Sunflower Gals	72-48	Whip It	79-49	High Series (Boys): An	ıthony Salazar,
SVS	2-0	Monarchs	70-50	The Dreamers	72-56	220	icia Ionos
CES	1-0	Ally Kats	62-58	L-A-D-Y	72-56	High Series (Girls): Ali 176	icia Jones,
MDG	1-1	Fireballs	56-64	Fabulous Four	68-60	170	
CONS	1-1	Dream Catchers	56-64	The Goof Troops	60-68	Preps, Juniors	s Maiors
COMM	1-1	Goyaab's Hit and Miss	48-72 42-78	The Handicap Queer	ns 57-71	(Week 1	
SUPS	0-2	FIIL di la IVIISS	42-70	CE M	ivad	(Week 1	1)
42 ACCS	0-2	High Game: Arlene	Cook. 196			Team	W-L
EMS	0-2	High Series: Arlene	,	(Weel	k 14)	The Bone Busters	80-32
	ver30	3		Team	W-L	The Mean Team	74-38
Tue	s/Thurs	Intramural	- National	Brew Crew	43-13	Team 7	72-40
(as c	of Jan. 11)	(Wee		HVAC	35-21	Strikers 2	66-46
<u>Team</u>	<u>W-L</u>	(7700.		Powerballs	34-22	Team 11	64-68
SFS	2-0	<u>Team</u>	<u>W-L</u>	BJ's Bunns	34-22	Team 4	61-51
25 OWS	2-0	SVS#2	80-40	Good Bad & Ugly	32-24	Team 10 Rockbots	56-56 54-58
43 ECS	2-0	CES	74-46	The Cans	28-28	Strikers 1	54-58 47-65
CRS MSS	1-1 1-1	TRANS	70-50	Just-4-Fun	28-28	Dreamers	46-66
LSS	0-2	358 FS	70-50	B.O.P.	28-28	Pin Smashers	40-72
OSS	0-2	12 AF #1	70-50	Now-N-Then	27-29		=
41 ECS	0-2	COMM#1 CRS	64-56 64-56	The Officers	15-33	High Game (Boys): Tra	avis Falk, 193
		12 AF #3	62-58	Thursda	y Night	High Game (Girls): An	nanda Falk,
Pa	Alina	SVS #1	62-58		, ,	195	. =
DO	wling	CPTS/MSS	62-58	(Weel	K 17)	High Series (Boys): Tra	
	OWC	CONS	58-62	Team	W-L	High Series (Girls): An 532	nanda Falk,
	,,,,			<u></u>	<u> </u>	JJ2	

Shorts

Continued from Page 15

is a minimum of 12 to reserve a lane. Call the center at 228-3461 for more information.

Fitness Center classes

The Haeffner Fitness and Sports Center offers a lineup of exercise and aerobics classes each week (instructor name – free or \$ cost). Call 228-3714 for more information.

Monday

11 a.m. - Step (Rumiko - \$2); Noon – Spinning (Corinne - \$2); 5:30 - Aerobics (Rumiko - \$2)

Tuesday

8 a.m. - Senior aerobics (Corinne - \$2); 11 a.m. - Step (Veronica - Free)

Noon – Circuit Training (Corinne - \$2); 6 p.m. – Dang Soo Do — for kids (James – call fitness center for rates); 7 p.m. – Dang Soo Do – for adults (James – call fitness center for rates)

Wednesday

11 a.m. - Step (Veronica - Free); Noon – Kick boxing (Corinne - \$2)

5:30 p.m. – Aerobics (Rumiko - \$2); 6:40 p.m. - Belly dancing I (Angela - \$20 for four sessions); 7:40 p.m. - Belly dancing II (Angela - \$30 for eight sessions)

Thursday

10 a.m. - Senior aerobics (Corinne - \$2); 11 a.m. - Step (Veronica - Free); Noon - Circuit Training (Corinne - \$2); 5:30 p.m. - Step (Rumiko - \$2); 6:30 p.m. - Dang Soo Do — for kids (James - call fitness center for rates); 7:30 p.m. - Dang Soo Do - for adults (James - call fitness center for rates)

Friday

11 a.m. - Step (Corinne - \$2); Noon - Spinning (Corinne - \$2)

Saturday

10 a.m. - Step (Rumiko - \$3); 1 p.m. - Dang Soo Do — for kids (James - call fitness center for rates); 2 p.m. - Dang Soo Do - for adults (James - call fitness center for rates)

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Jan. 18, 2002 Desert Airman 17

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Chapel Information

Following are some of the services and activities offered by the D-M Chapel. All services and activities are at the Desert Dove Chapel unless otherwise noted. For more information, call 228-5411.

Catholic schedule

Saturday: Mass is at 5 p.m. Sacrament of reconciliation is at 4:30 p.m.

Sunday: Mass is at 7:30 and 10 a.m. Sacrament of reconciliation is at 9:15 a.m. **Daily:** Catholic Mass and Communion is at 11:30 a.m. at Hope Chapel. Rosary begins at 11:10 a.m.

Protestant schedule

Sunday: Protestant Contemporary Service is at 8:30 a.m. at the Hope Chapel. Protestant Inspirational Gospel Service is at 11:15 a.m. at the Hope Chapel. Protestant Traditional Service is at 11:15 a.m.

Friday: Marriage Builders is at 11:30 a.m. Registration required. Aim High Bible Study is at 7 p.m. For location, call 899-8320. **Saturday**: Young Married Bible Study is at 6 p.m. For location, call 546-4553.

Monday: Protestant Women of the Chapel is a bi-monthly meeting at 6 p.m. Childcare is provided. Call for schedule. **Tuesday:** Women's Bible study is 9:30 to 11:30 a.m. Childcare provided. Singles Bible study is at 7 p.m. in the third floor dayroom, Building 4224.

Wednesday: Men's Ensemble meets at 4:30 p.m.; Cantata rehearsal is at 6 p.m.; Angel and Chancel Choirs meet at 7 p.m. Protestant Youth meet at 6:30 p.m. and Children's Bible study is at 7 p.m.

Thursday: Mothers of Preschoolers meet the second Thursday of each month from 9 to 11:30 a.m. Childcare is provided. Protestant Men of the Chapel meet the second Thursday of each month at 11:30 a.m.

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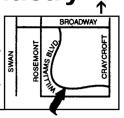
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Community Services

Suicide prevention

The D-M Chapel offers an Applied Suicide Intervention Skills Training seminar Wednesday and Thursday from 8 a.m. to 4 p.m. at the Desert Dove Chapel. This two-day class offers the skills needed to intervene and save a life from suicide. Space is limited. For reservations or more information, call 228-5411.

Interview workshop

The Family Support Center offers an employment interview workshop Jan. 28 from 8 to 11 a.m. in Building 3200, Room 266.

Marital counseling

The Life Skills Support Center offers marital counseling to active-duty people and their spouses. For an appointment, call 228-4926.

Thrift Shop

The D-M Thrift Shop is open Tuesdays and Wednesdays from 9 a.m. to 2 p.m. Consignments taken until 1 p.m. The Thrift Shop is in Bldg. 3220, across from the bowling alley. To make reserve space for large items and furniture, call 228-2120.

Deployed spouse programs

The Family Support Center has a Hearts Apart Pizza Party for families of members who are deployed or on a remote assignment Saturday from 11 a.m. to 1 p.m. at Chuck E. Cheeze at Willmot and Broadway. To register, call Michelle Marinelli at 228-5696.

Car buying 101

The Family Support Center offers Car Buying 101, a seminar to help educate people about buying, selling and leasing a vehicle. The next seminar is Thursday from 2 to 3:30 p.m. in Bldg. 3200, Room 266. To register, call 228-5690.

Divorce Care

D-M's Chapel services offers Divorce Care Thursdays from 11:30 a.m. to 1 p.m. at the Desert Dove Chapel. This divorce and separation workshop focuses on hope and healing. For more information, call 228-5411.

Teen dance

The Youth Center has a teen winter-formal dance for Youth 13 to 18. The dance is Jan. 25 from 7 to 10 p.m. Register by Tuesday. For more information, call 228-8844.

Education Services, 228-3813

Scholarships

The Officers' Spouses Club and the Enlisted Spouses Association offer three scholarships for dependents and spouses including the graduating senior scholarship, continuing education scholarship and a spousal scholarship. The suspense date for all applications is March 8. For more information, call 228-3813.

DECA Scholarship

The Defense Commissary Agency and Fisher House Foundation offers a \$1,500 Scholarship for Military Children. Applications are available at the Commissary or at www.commissaries.com/documents/whatsnew/scholarships.htm.

Application must be delivered to the Commissary by Feb. 5





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Movies

Movies begin at 7 p.m. unless otherwise noted. Admission is \$3 for adults and \$1.50 for children under 12 and senior citizens. For the theater movie recording, call 748-1157.

Friday

Black Knight (PG-13)

1 hour, 35 minutes

Fast-talking con man Jamal Walker, played by Martin Lawrence, is stuck in a menial job at a medieval theme park. After slipping into the park's "moat," he finds himself in 14th century England—a world of knights in shining armor and damsels in distress. The Middle Ages will never be the same.





Saturday Harry Potter and the Sorcerer's Stone (PG)

2 hours, 22 minutes

An adaptation of the first of J.K. Rowling's popular children's novels about a boy who learns that he is the orphaned son of two powerful wizards.

Sunday Out Cold (PG-13)

1 hour, 30 minutes

Snowboarding buddies Rick, Luke, Anthony and Pig Pen are living large on Alaska's Bull Mountain. But when town founder Papa Muntz dies, his son decides to sell the mountain to a slick colorado ski mogul John Majors. Everyone is bummed by his plans to turn the mountain into a ski resort, and it's up to the heroes to keep Bull Mountain yuppie free.



Community Activities

D-M Mardi Gras

The 355th Services Squadron and the Community Center hosts Mardi Gras Monte Carlo Night Feb. 1 at 6 p.m. at the Desert Star Enlisted Club.

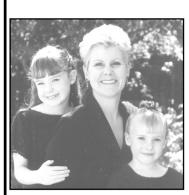
Events include a squadron "float" competition, a prize auction and a king and queen competition. Squadrons are asked to decorate a club table in the form of a Mardi Gras float to compete for holiday party prizes.

For more information, call Staff Sgt. Hector Sauseda at 228-3717.



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Biosphere 2 Center

Columbia University's Biosphere 2 Center offers free general admission to D-M members including retirees and civilian employees with valid identification through Feb. 28. One adult guest and children under 12 may accompany service member. For more information, call 896-6440

Comedy night at the O-Club

The Officers Club presents the comedy team of T.A. Burrows and Wanda Lee Backes today at 8 p.m. Seating is limited and on a first-come, first-serve basis.

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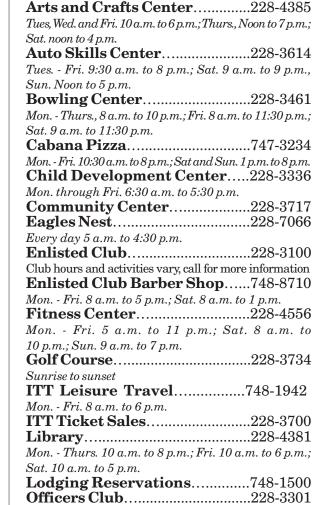
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Desert Airman Jan. 18, 2002

DESERT AIRMAN CLASSIFIEDS

Misc. for Sale

Oak Bunk Beds for sale. Good condition. Includes mattresses. Beds separate to form two twin size beds. Asking \$ 175. Call 512-0451 or e-mail Randall.Groves@dm.af.mil.

Combination secretary desk and curio cabinet, oak with glass shelves, \$250 OBO; matching two-drawer stands with display/storage area, \$35 for set. Call 971-4502, leave message.

Two 5-pound and two 3-pound dumbbells, \$10 for all. Call 971-4502, leave message.

Color Gameboy single game cartridges, Monopoly, Tetris Dx, Dr. Mario, Red Pokemon, \$15 each. Call 971-4502, leave message.

Color Gameboy game 110-n-1 cartridge (Korean special), most are English games, some in other languages, \$75 OBO. Call 971-4502, leave message.

Direct PC/TV DVO Dish Satellite System, 36" dish with PC LNB, Dual TV LNB, satellite modem, directv receiver, manuals and cables. No contract! \$270, please call 745-4529

Cannondale CAAD3 53cm Road Bike, Time Stiletto Carbon Fork, 2001 Ultegra Grupo, Shimano WH-R535 wheels, Terry Saddle \$1100obo. 664-1829

Antique Solid Oak Mission Style Desk, 3 drawers, 2 lower shelves, \$200. Call 571-1660

Pooh Bear Stroller, \$25 Bouncer and Walker, \$10/ both. Call 571-1660

L/R, D/R, (3) Bdr Window Blinds Kachina Housing Good Condition \$100.00 OBO. Lv Msg, 747-1655.

Misc. for Sale

Twin mattresses, \$50 each; golf clubs sets with bags, \$100-\$150; mountain bike, \$50; king size water bed (frame and sheets), \$100. Call 514 - 1879.

Beta video camera, VCR, and tapes, BO; 5"TV, \$15. Call 514 - 1879.

Items for sale: Entertainment Center, Rocker, TV Cart, Shelving, 5x8 Shed, Kids B-Ball Hoop, Baby Seat, Little Tikes Gym with slide. Call 748-1798.

Large solid oak entertainment center, excellent condition, one year old, \$450. Must sell ASAP. Call Scott, 906-2838

Kenwood home stereo system, 200-watt receiver, dual cassette deck, 5 disc compact disc player, two 150 watt floor speakers with stands, \$450. Must sell ASAP. Call Scott, 906-2838

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01-Absolutely Beautiful Queen Size double pillowtop mattress set. Still in Plastic. Full warranty \$149.00631-1500 1/182TP.

Bed-Queen size orthopedic mattress set. Still in plastic. Full warranty \$129.00 631-1500 1/18 2T/P.

Authentic King Size Pillowtop Mattress Set Still in Bag. Full Warranty \$249.00 631-1500 1/18 1T/P.

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Moving! Must Sell! Whirlpool washer, heavy duty, 7 cycle, and a Kenmore dryer, electric, heavy duty; pair is \$175.00 General Electric dishwasher, portable, \$150.00 Call Vanessa 228-3106 or 514-9066.

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Broadway/Kolb 3 bd House, 1 3/4 bath, WD, refrigerator, large yard, Mexican tile, newly painted near park. \$785/ month & deposit. Call 760-3219 Leave message. Available Jan 1st. 1/18 1T/P.

3 bd 2 ba large corner lot, huge master bedroom. Totally remodeled, Great location 22nd and Pantanio area, Year lease \$950.00 Per Month 230-1964. 1/18 1T/P.

Condos for Sale

2 bedroom Condo 1 1/4 bath, Central Air & heating, Washer Dryer hook up, walk in closets, pool, covered parking, 2 miles from base \$400. Deposit. \$550 month. Call Wil 247-6371. 1/18 1T/P.

Homes for Sale

Breathtaking Views! Beautiful 3BR/2BA home near 22nd & Houghton. 13"x13" ceramic tile throughout - bedrooms have Berber carpet, desert landscape front & back, asking \$127,500. Call Mary 906-7400.

4bd, 2.5 ba, 2160 sq. ft., 2 story, fam.rm., fp, mst. suite w/garden tub, dbl. gar., lg. lot, mtn. views! owner, 886-5351. Real Estate Dir. 623-2566. 1/18 1T/P.

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Jan. 18, 2002 **Desert Airman**

Desert Airman Classifieds

Autos for Sale

1997 Dodge Neon Sport 4 dr coupe (RED) for sale. New Battery, tune up. Has been kept in Excellent Running Condition. Some minor dents on roof of car. \$4000.00 call Tom at 514-7468 or 228-6386

2000 Daewoo Leganza, Like new, Mid-Size Sedan, 2.2L Auto, Air conditioning, All Power, Much more, 14K miles, factory warranty. \$10,900 negotiable Must See and Drive! Compare. 745-0269

FOR SALE. '96 Saturn SL2, Gold, Leather, PW/PD, Spoiler, Cruise, Tilt, Tinted Windows, Premium Sound System, Drivers Lumbar Support, Premium Wheels, 75K Miles, Great Condition! \$7500 Nego! 664-0349.

Triumph 955i Daytona: Canary Yellow with full exhaust, race-tech suspension, too much to list. Must see to appreciate. 9200 miles, \$7000 OBO. Call John 574-2025

Autos for Sale

1993 Honda Cixic DX, white, 4-door, CD, AC, tint, fully serviced in Dec, in excellent condition, runs great, only 97k mi. Selling reluctantly for \$6,600 need the money to break a lease. Call 870-5045 if interested.

1996 Olds. Delta 88. Tan, Leather, 3.8LV6, only 80kmi. Power driver seat, windows and locks, keyless entry. Excellent condition. \$7800. Call A1C Dysert (Joe), 615-

1999 Dodge Ram, V8, half ton, automatic, regular cab, loaded, 32k, excellent condition, factory warranty, assume bank payoff of \$14,900. Must sell ASAP. Call Scott,

1999 Mercury Cougar, V6, automatic, 32k, excellent condition, loaded with all options, factory warranty, assume bank pay off of \$13,500. Must sell ASAP. Call Scott, 906-2838

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1999 Pontiac Grand Am SE, highway miles, V6 loaded, great little car with awesome gas mileage. 4-Door and everything works. \$10,000 obo. Call 977-8866 evenings.

Mazda B2000, 1986, stick shift, cruise, camper shell, P/6, P/S, stereo w/cass. \$1400 obo. (520) 886-6195. 1/18 1T/P.S

Motorcycles

1999 Kawasaki ZX-6R Ninja, green/purple/white paint scheme, 4K miles, K+N air filter, upgraded exhaust, includes matching helmet, recently jetted for AZ, asking \$6,700, call 296-

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New Book Brings Help and Confidence to Parents of Toddlers

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That's what author Bridget Barnes believes parents who use the techniques and skills explained in the new book, Common Sense Parenting of Toddlers and Preschoolers, can gain. Those skills have been taught to parents of 2 to 5 year-olds in workshops offered by Girls and Boys Town since 1996 and are now available to any parent through the book just published by Boys Town Press.

When a parent realizes that "I can correct my child, he or she may get upset with me, but the child is still going to love me," the parent gains confidence, according to Barnes. The book shows parents how to stay calm, communicate clearly, set boundaries, have reasonable expectations, give consistent consequences, and teach a young child self-control and otherskills.

Parenting toddlers can be a time of high conflict. Many couples are just finding out that they have very different parenting styles — one may see the other as either too lenient or too strict, says Barnes. It may not be an exaggeration, she adds, to say that agreeing to use Common Sense Parenting® techniques "saves marriages. It can National Hotline, 1-800-448-3000. lead to a lot less strife."

Parents, according to Barnes, list many of the same problems

with their toddlers — acting up at bedtime and meals, throwing temper tantrums, refusing to take "no" for an answer, etc. In dealing with these issues, however, parents also make common mistakes — treating children like "little adults," giving kids choices they're not equipped to make, and setting expectations too high.

Young children, she says, need lots of reminders, assistance, modeling, and patience. The book provides step-by-step information on how to do these things. Also included are answers to dozens of questions frequently asked by parents of toddlers.

Barnes is the mother of two and stepmother of four children and has been a Common Sense Parenting trainer for 13 years.

Common Sense Parenting of Toddlers and Preschoolers is available from the Boys Town Press, 14100 Crawford St., Boys Town, 68010, 1-800-282-6657, www.girlsandboystown.org/btpres

Boys Town Press is the publishing division of Girls and Boys Town, the original Father Flanagan's Boys' Home.

For more tips on parenting, visit our Web site:www.parenting.org or call the Girls and Boys Town

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Desert Airman Jan. 18, 2002

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- * Seventh ad is free only with signed six issue advertising contract.
- * Free ad must be same size as preceeding six ads.
- * Advertiser's account balance must be current

HOW MANY FREE ADS WOULD YOU LIKE?

For every six issue contract completed, you receive the seventh ad FREE - up to one year total commitment.



CALL TODAY

In Tucson: (520) 623-9321 Toll-Free: (877) 925-8281

ALL ADS MUST BE PREPAID

(For Aerotech Office Use Only)

AMOUNT \$__ CASH ____ CHECK #

DATE:

Address

Exp. Date_

DESERT AIRMAN PAID CLASSIFIED AD FORM

All classifieds are considered paid ads unless you are active duty military stationed at Davis-
Monthan AFB or a dependant of a DMAFB active duty military person.

Monthan AFB or	r a dependant of a DMAFB active	duty military person.
 □ HOMES FOR SALE □ ROOMS FOR RENT □ HOUSES FOR RENT □ APTS FOR RENT □ LOTS □ HOTELS & MOTELS □ COMMERCIAL RENTALS □ LOANS □ INVESTMENTS □ BUSINESS OPPORTUNITIES 	☐ PERSONALS ☐ RECREATION VEHICLES ☐ MOTORCYCLES ☐ WORK WANTED ☐ LOST & FOUND ☐ INDUSTRIAL PROPERTY ☐ MOBILES FOR SALE ☐ MOBILES FOR RENT ☐ MISC. FOR RENT ☐ ACREAGE	☐ INCOME PROPERTY ☐ FARMS & RANCHES ☐ MISC. FOR SALE ☐ SERVICES ☐ EMPLOYMENT OPPORTUNITIES ☐ PETS ☐ CARS & TRUCKS ☐ FURNITURE & APPLIANCES ☐ MISC. WANTED ☐ GARAGE & YARD SALES
One	AD COPY word, phone number, price pe	er space
	0) minimum. Payment must ac	
		To this line - \$12.50 (minimum)
		To this line - \$16.00
		To this line - \$19.50 Each additional line \$3.50
	MPLETED FORM WI AEROTECH NEWS & RE	Each additional line \$3.50 TH PAYMENT TO:

Deadline for classified ads is noon Tuesday for Friday publication

Visa/Mastercard/American Express #

8607 N. 59th Ave., Unit C3, Glendale, AZ 85302

DESERT AIRMAN FREE CLASSIFIED AD FORM

PLEASE DO NOT USE THIS FORM UNLESS YOU ARE ACTIVE DUTY MILITARY STATIONED E DUTY MILITARY PERSON.

DANT OF A DMAFB ACTIVI
a e-mail or fax.
f.mil Fax: (520) 228-3328
□ MOTORCYCLES□ PETS□ LOST & FOUND□ MISC. WANTED□ WORK WANTED
Y
pace. Four lines maximum.

Rank: Name Address City	
State Phone	Zip

Deadline for classified ads is noon Tuesday for Friday publication



We US+Home®

∏ STAR VALLEY ESTATES

3-4 Bedroom Homes, 1408-2728 Sq. Ft.



PRICED FROM \$ 123,950

\$142,950 GOLD DUST II PLAN #33

Approximately 1928 sq. ft. 3BD, 2BA, Family room, Den, LR, DR



BEDROOM 2

BEDROOM 3

BEDROOM 3

DEN

COPY.

908-5222

CASAS DE KINO

2-4 Bedroom Homes, 1024-1581 Sq. Ft.

PRICED FROM \$96,350



MOVE-IN!

OPTIONAL COVERED PATIO A

Located at Kino Blvd & 32nd

388-9050

Inaugrual Series 2-4 Bedroom, 1024-1581 Sq. Ft.

RANCHO ELEGANTE

PRICED FROM \$ 104,450

PLAN SHOWN PRICED AT \$121,450

Saguaro Plan #93 INAUGRUAL SERIES

Approximately 1581 sq. ft.3BD, 2BA, Family Room, Nook, LR, DR

663-5367



4 PARAISO

2-4 Bedroom Homes, 1027-1581 Sq. Ft.

PRICED FROM \$95,950

PLAN SHOWN PRICED AT

\$107,950

Ocotillo Plan #92

Approximately 1495 sq. ft. 3BD, 2BA, Family Room,LR, DR, Optional 4th BD.

807-5207











Prices subject ot change without notice. Offers, incentives and seller contributions are subject to certain terms, conditions and restrictions which may include using designated lenders and closing agents. US Home reserves the right to change or withdrawl any offer at any time.

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4 GREAT COMMUNITIES TO CHOOSE FROM.
WHY RENT WHEN WE MAKE IT SO EASY TO OWN?
VISIT OUR COMMUNITIES TODAY!

ASK ABOUT OUR HOMES AVAILABLE NOW!

- 1. Star Valley Estates
- 2. Casas de Kino
- 3. Rancho Elegante
- 4. Paraiso



EQUAL HOUSING OPEN DAILY 9:30 AM-6:00 PM

